

## Basic Catholic Prayers to Be Learned

When teaching prayers & helping your children to commit them to memory, it is recommended that any confusion about which prayer forms should be taught be resolved in favor of the forms found below.

### Sign of the Cross (K/Finish 1<sup>st</sup> Grade)

+ In the name of the Father, & of the Son & of the Holy Spirit.  
Amen.

### Our Father (K/Finish 1<sup>st</sup> Grade)

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread;  
and forgive us our trespasses as we forgive those who trespass against us; & lead us not into temptation, but deliver us from evil.  
Amen.

### Hail Mary (K/Finish 1<sup>st</sup> Grade)

Hail Mary, full of grace! The Lord is with thee; blessed art thou among women, & blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now & at the hour of our death. Amen.

### Glory Be (K/Finish 1<sup>st</sup> Grade)

Glory be to the Father, & to the Son, & to the Holy Spirit. As it was in the beginning, is now, & ever shall be, world without end.  
Amen.

### Grace Before Meals (K/Finish 1<sup>st</sup> Grade)

Bless us, O Lord, & these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.

### Grace After Meals (K/Finish 1<sup>st</sup> Grade)

We give Thee thanks for all Thy benefits, Almighty God, who lives & reigns forever; & may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

### Act of Contrition (Finish 2<sup>nd</sup> Grade)

O my God, I am heartily sorry for having offended Thee; & I detest all my sins because I dread the loss of heaven & the pains of hell, but most of all because they offend Thee, my God, who art all good & deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance & to amend my life. Amen.

### Act of Contrition (Finish 2<sup>nd</sup> Grade)

#### Alternate Form

My God, I am sorry for my sins with all my heart. In choosing to do wrong & failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, & to avoid whatever leads me to sin. Our Savior Jesus Christ suffered & died for us. In His name, my God, have mercy. Amen.

### Prayer to the Guardian Angel (Finish 2<sup>nd</sup>)

Angel of God, my guardian dear, to whom God's love commits me here; ever this day be at my side, to light & guard, to rule & guide. Amen.

### Responses at Mass (Finish 2<sup>nd</sup> Grade)

*Take an old missalette home.*

### Prayer for the Poor Souls in Purgatory (3<sup>rd</sup>)

Eternal rest grant unto them, O Lord, & let perpetual light shine upon them.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

### How to Pray the Rosary (Finish 3<sup>rd</sup> Grade)

### Mysteries of the Rosary (Finish 3<sup>rd</sup> Grade)

#### The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of Our Lord
4. The Presentation in the Temple
5. The Finding of the Child Jesus in the Temple



#### The Luminous Mysteries

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Gospel
4. The Transfiguration
5. The Institution of the Eucharist



#### The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion



#### The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Crowning of the Blessed Virgin Mary



### The Apostles' Creed (Finish 3<sup>rd</sup> Grade)

I believe in God, the Father Almighty, Creator of heaven & earth; & in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died & was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, & is seated at the right hand of God, the Father Almighty; from thence He shall come to judge the living & the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, & life everlasting. Amen.

### Responses to the Bishop's Blessing (3<sup>rd</sup>)

**Bishop:** The Lord be with you.

**People:** And with your spirit.

**Bishop:** Blessed be the name of the Lord.

**People:** Now and forever.

**Bishop:** Our help is in the name of the Lord.

**People:** Who made heaven and earth.

**Bishop:** May almighty God bless you, + the Father, + the Son, and the + Holy Spirit. | **People:** Amen.

### Act of Faith (Finish 4<sup>th</sup> Grade)

O my God, I firmly believe that You are one God in three Divine Persons, Father, Son, & Holy Spirit. I believe that Your Divine Son became man, & died for our sins, & that He will come to judge the living & the dead. I believe these & all the truths which the Holy Catholic Church teaches, because You have revealed them, who can neither deceive nor be deceived. Amen.

**Act of Hope** (Finish 4<sup>th</sup> Grade)

O my God, relying on Your almighty power & infinite mercy & promises, I hope to obtain pardon of my sins, the help of Your grace, & life everlasting, through the merits of Jesus Christ, my Lord & Redeemer. Amen.

**Act of Love** (Finish 4<sup>th</sup> Grade)

O my God, I love You above all things, with my whole heart & soul, because You are all-good & worthy of all my love. I love my neighbor as myself for love of You. I forgive all who have injured me, & I ask pardon of all whom I have injured. Amen.

**The Angelus** (Finish 4<sup>th</sup> Grade)

**V:** The angel of the Lord declared unto Mary,

**R:** & she conceived of the Holy Spirit.

**V:** Hail Mary, full of grace... **R:** Holy Mary,... Amen.

**V:** Behold the handmaid of the Lord,

**R:** Be it done unto me according to Thy word.

**V:** Hail Mary, full of grace... **R:** Holy Mary,... Amen.

**V:** The Word was made flesh,

**R:** & dwelt among us.

**V:** Hail Mary, full of grace... **R:** Holy Mary,... Amen.

**V:** Pray for us, O holy Mother of God.

**R:** That we may be made worthy of the promises of Christ.

**Let us pray:** -Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by his passion & cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

**Memorare** (Finish 5<sup>th</sup> Grade)

Remember, O most gracious Virgin, Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee I come, before thee I stand, sinful & sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear & answer me. Amen.

**Prayer to the Holy Spirit** (Finish 5<sup>th</sup> Grade)

Come, Holy Spirit, fill the hearts of Your faithful & kindle in them the fire of Your love.

**V:** Send forth your Spirit & they shall be created.

**R:** -And You shall renew the face of the earth.

**Let us pray:** -O God, who did instruct the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of that same Spirit, we may be truly wise & ever rejoice in his consolation. Through Christ our Lord. Amen.



**Morning Offering** (Finish 5<sup>th</sup> Grade)

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, & sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart the salvation of souls, reparation for sins, the reunion of all Christians. I offer them for the intentions of our Bishops & of all Apostles of Prayer & in particular for those recommended by our Holy Father this month. Amen.

**Prayer for the Pope** (Finish 8<sup>th</sup> Grade)

**V:** Let us pray for our Sovereign Pontiff (*N.*)

**R:** The Lord preserve him & give him life, & make him blessed upon the earth, & deliver him not up to the will of his enemies. Amen.



Franciscus  
Ioseph Maria Bergoglio

**Way of the Cross** (Finish 6<sup>th</sup> Grade)

1. Jesus is condemned to death | 2. Jesus bears His cross
3. Jesus falls the first time | 4. Jesus meets His mother
5. Jesus is helped by Simon | 6. Veronica wipes the face of Jesus
7. Jesus falls a second time
8. Jesus speaks to the women
9. Jesus falls a third time
10. Jesus is stripped of His garments
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is placed in the tomb



**Hail Holy Queen** (Finish 6<sup>th</sup> Grade)

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness, & our hope! To thee do we cry, poor banished children of Eve! To thee do we send up our sighs, mourning & weeping in this vale of tears! Turn then, most gracious advocate, thine eyes of mercy toward us; & after this, our exile, show unto us the blessed fruit of thy womb, Jesus! O clement, O loving, O sweet Virgin Mary.

**V:** Pray for us O Holy Mother of God

**R:** -That we may be made worthy of the promises of Christ.

**Divine Praises** (Finish 7<sup>th</sup> Grade)

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God & true Man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy

Blessed be her holy & immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin & Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels & in His saints.

**Sub Tuum Praesidium** (Finish 7<sup>th</sup> Grade)

We fly to your patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious & blessed Virgin. Amen.

**Prayer to St. Michael** (Finish 8<sup>th</sup> Grade)

Saint Michael, the Archangel, defend us in battle; be our defense against the wickedness & snares of the devil. May God rebuke him, we humbly pray; & do thou, O prince of the heavenly host, by the power of God, thrust into hell Satan & the other evil spirits who prowl about the world for the ruin of souls. Amen

**Regina Coeli** (Finish 8<sup>th</sup> Grade)

Queen of Heaven, rejoice! alleluia: / For He whom thou merited to bear, alleluia, / Has risen, as He said, alleluia. / Pray for us to God, alleluia.

**V:** Rejoice & be glad, O Virgin Mary, alleluia. **R:** Because the Lord is truly risen, alleluia.

**Let us pray:** O God, who by the resurrection of your Son, our Lord Jesus Christ, granted joy to the whole world: grant, we beg You, that through the intercession of the Virgin Mary, His Mother, we may lay hold of the joys of eternal life. Through the same Christ our Lord. Amen.